

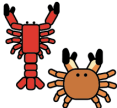
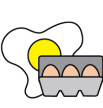

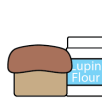










# Food items & their Allergen content:

Winter Week 3 – Monday



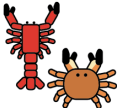
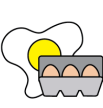








Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Roast Turkey														
Stuffing Ball		✓												
Minced Beef & Vegetable Pie		✓		✓			✓ *						✓	
Macaroni Cheese	✓ *	✓		✓ *			✓		✓ *				✓ *	
New Potatoes														
Baked Beans														
Gravy													✓	
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

\* May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods)

Review date: 05 October 2024 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock or product changes)

# Food items & their Allergen content:

Winter Week 3 – Tuesday



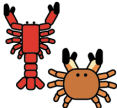
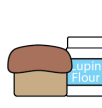




Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Cumberland Ring		✓												✓
Red Onion Gravy													✓	
Homemade Beef Lasagne	✓ *	✓		✓ *			✓		✓ *				✓ *	
Quorn Mince & Veg Stew with Dumplings		✓		✓			✓ *						✓	
Mashed Potatoes														
Baked Beans														
Gravy													✓	
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

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Review date: 05 October 2024 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock or product changes)

## Food items & their Allergen content:

Winter Week 3 – Wednesday

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Chicken Meatball Curry (with onion)	✓ *	✓		✓ *			✓ *		✓	✓ *	✓ *	✓ *	✓ *	✓ *
Steamed Rice														
Garlic Bread		✓					✓ *						✓ *	
Naan Bread		✓												
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

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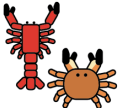

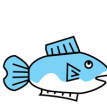







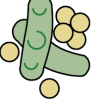



Excellence, compassion & respect for all

**FRAMWELLGATE  
SCHOOL DURHAM**

# Food items & their Allergen content:

Winter Week 3 – Wednesday Continued



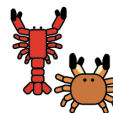
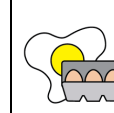
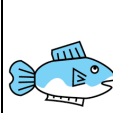



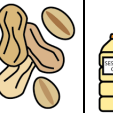
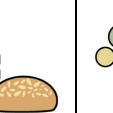
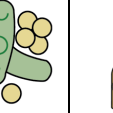

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Steamed Rice														
Pasta (Shells/Twists/Spaghetti)		✓												
Carbonara Sauce	✓ *	✓		✓ *			✓		✓ *				✓ *	
Meatball in Tomato & Basil Sauce	✓ *	✓		✓ *			✓ *		✓ *				✓ *	✓ *
Bolognese Sauce														
Chicken in a Tomato Sauce														
Pomodoro Sauce														
Quorn Bolognese Sauce				✓										
Cheese & Broccoli Sauce	✓ *	✓		✓ *			✓		✓ *				✓ *	✓ *
Diced Quorn Curry		✓		✓					✓	✓ *	✓ *	✓ *		

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## Food items & their Allergen content:

Winter Week 3 – Thursday



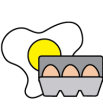





Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Minced Beef Bolognese														
Spaghetti Pasta		✓												
Salt & Pepper Chicken Leg														
Diced Quorn Biryani		✓		✓					✓	✓ *	✓ *	✓ *		
Homemade Hickory Potato Wedges														
Gravy													✓	
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

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## Food items & their Allergen content:

Winter Week 3 – Friday

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Smoked Hot Dog in a Roll	✓	✓		✓ *			✓ *		✓ *			✓ *	✓	
Boiled Onions														
Spicy Chicken Breast		✓												
Margherita Pizza Slice		✓					✓							
Chipped Potatoes														
Curry Sauce		✓							✓	✓ *	✓ *	✓ *		
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

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Review date: 05 October 2024 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock or product changes)