

Gluten Free Week(s) 1, 2 & 3 - Monday Day 1

Toda Items & their Anergen content.								Oldter i ree Week(3) 1, 2 & 3 – Worlday Day 1							
Dish					A.S.	upin Flour	Milk		MUSTARD			ISSAME OR OF THE OWNER OF THE OWNER OF THE OWNER		WINE	
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	
Tuna Mayo Salad (Example)	<b>/</b>			<b>/</b>	<b>/</b>		<b>/</b>		<b>/</b>						
Week 1 Chicken Breast															
Week 2 BBQ Chicken Leg															
Week 3 Roast Turkey															
Gravy													<b>/</b>		
Baked Beans															
Baked Potato															
Grated Cheese							<b>/</b>								
Tuna & Mayonnaise				<b>/</b>	<b>/</b>				<b>/</b>						
Coleslaw				<b>/</b>					<b>/</b>						

<sup>\*</sup> May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods) GF = Gluten Free



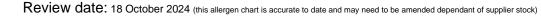




Gluten Free Week(s) 1, 2 & 3 - Tuesday Day 2

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Dish						upin Flour	Milk		MUSTARD			SSAMI OL		WINE
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	<b>/</b>			<b>/</b>	<b>/</b>		<b>/</b>		<b>/</b>					
Week 1 Beef Bolognaise GF Pasta Bake							<b>/</b>							
Week 2 Roast Pork														
Week 3 GF Pork Sausages with Red Onion Gravy													<b>/</b>	
Gravy													<b>/</b>	
Baked Beans														
Baked Potato														
Grated Cheese							<b>/</b>							
Tuna & Mayonnaise				<b>/</b>	<b>/</b>				<b>/</b>					
Coleslaw				<b>/</b>										

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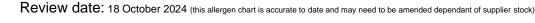




Gluten Free Week(s) 1, 2 & 3 - Wednesday Day 3

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Dish					<b>A</b> • • • • • • • • • • • • • • • • • • •	upin Flour	Milk		MUSTARD			SSAM		WINE
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	<b>/</b>			<b>/</b>	<b>/</b>		<b>/</b>		<b>/</b>					
Week 1 Baked Potato with Baked Beans & Cheese							<b>/</b>							
Week 2 GF Chicken Tikka Sauce							<b>/</b>							
Week 3 Butter Chicken Curry							<b>/</b>							
Gravy														
Turmeric Rice														
Steamed Rice														
Baked Beans														
Baked Potato														
Grated Cheese							<b>/</b>							
Tuna & Mayonnaise				<b>/</b>	<b>/</b>				<b>/</b>					
Coleslaw				<b>/</b>					<b>/</b>					

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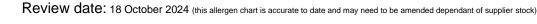




Gluten Free Week(s) 1, 2 & 3 - Thursday Day 4

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Dish						upin Flour	Milk		MUSTARD			SSAME OC.		WINE
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	<b>/</b>			<b>/</b>	<b>/</b>		<b>/</b>		<b>/</b>					
Week 1 Quorn Mince GF Spaghetti Bolognaise				<b>/</b>										
Week 2 GF Bangers & Mash (with beans or vegetables)														
Week 3 Salt & Pepper Chicken Leg														
Gravy													<b>/</b>	
Baked Beans														
Baked Potato														
Grated Cheese							<b>/</b>							
Tuna & Mayonnaise				<b>~</b>	<b>/</b>				<b>/</b>					
Coleslaw				<b>/</b>					<b>/</b>					

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Gluten Free Week(s) 1, 2 & 3 - Friday Day 5

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Dish						upin Flour	Milk		MUSTARD			SSAMT OF THE PROPERTY OF THE P		WINE
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	<b>/</b>			<b>/</b>	<b>/</b>				<b>/</b>					
Week 1 GF Sausages (Pork Sausages)														
Week 2 GF Chicken Nuggets														
Week 3 GF Pitta Pizza Margherita							<b>/</b>		*			*		
Chipped Potatoes														
Baked Beans														
Baked Potato														
Grated Cheese							<b>/</b>							
Tuna & Mayonnaise				<b>~</b>	<b>/</b>				<b>/</b>					
Coleslaw				<b>/</b>					<b>/</b>					

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Review date: 18 October 2024 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock)

