

Food items & their Allergen content:

Week 1, 2 & 3 – Snacks Fruit/Veg Stick Pots

Dish						Lupin Flour	Milk		MUSTARD					Corr Wine
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	\checkmark			\checkmark	\checkmark		\checkmark		\checkmark					
Red Grapes														
Green Grapes														
Watermelon Chunks														
Honeydew Melon Chunks (when available)														
Pineapple Chunks														
Carrot Sticks														
Cucumber Sticks														
Sunny Raisins (14g box)														
Low Fat Fruit Yoghurts							~							
Proper Corn Sweet & Salty (14g bag)														

* May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods)

ALL the above foods are subject to availability

Review date: 18 October 2024 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock)

