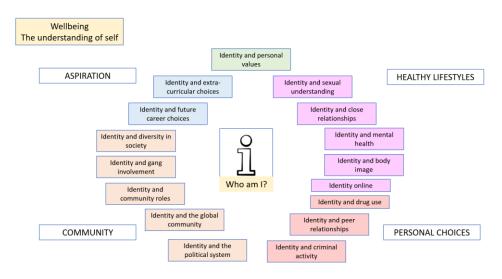
### Student Development at Framwellgate School Durham

At Framwellgate School Durham we believe in the holistic development of our students to allow them to understand themselves and their values, their place in the community and be able to face the challenges of life. All students will follow an integrated programme that seeks to explore who they are in terms of aspiration, the community, personal choices and healthy lifestyles.



#### Year 9

## **Aspiration**

- For information regarding the school's careers programme for Year 9 please see the careers page on this website.
- For information regarding enrichment and extra-curricular opportunities please see the personal development page on this website.

#### **Community -** the focus of our Year 9 programme concentrates on:

- · Recognition of national days, for example, Remembrance, Children in Need, Sports Relief
- Learning about and contributing to national charities
- Learning about political parties and pressure groups
- Participation in school elections

#### **Personal choices** – the focus of our Year 9 programme concentrates on:

- Building my reputation
- Appropriate use of social media
- Breaking the law and consequences
- Self-esteem and peer pressure

# **Healthy lifestyles** – the focus of our Year 9 programme concentrates on:

- Bullying and unhealthy relationships
- Alcohol awareness
- Drugs awareness
- Keeping safe in the holidays
- Mental health recognising the signs

## Our programme - delivery

The programme is delivered through STEP tutorial sessions and a number of 'drop down sessions' and themed days or weeks. For further information on the Relationships and Sex Education provision the policy is found <a href="mailto:here">here</a> and further details in regard to content can be provided by emailing <a href="mailto:ward.f@Framdurham.com">ward.f@Framdurham.com</a>